



Saturday June 6, 2026

New Location: Conestoga College

299 Doon Valley Dr, Kitchener

Open to All Styles Free Parking

www.GENERATIONNMA.com

This contest is sanctioned by an organization officially recognized by the Province of Ontario. This martial arts event is sanctioned by Karate Ontario



Register here





Date: Saturday June 6, 2026

Time: Registration begins at 8:00 a.m.

Location: Conestoga College
Doon Campus
299 Doon Valley Dr
Kitchener, Ontario

Competition Start Times:
9:00 am - Black Belts
10:00 am - 8 & under
11:00 am - All Remaining
Colour Belts

Cost: **Pre-Registration Fees**
\$65 for 1 event
\$20 for each additional event
(Excluding Trad Challenge)

\$50 for Trad Challenge

At-the-door Registration Fees
(Cash only)

\$80 for 1 event
\$25 for each additional event

Spectator Fees
(Cash only)

\$10 for spectators 12 & older
\$5 for spectators ages of 5-11 yrs. old
Free for spectators 4 and under

Prizes: **Grand Champion**
Black Belt Adult Forms
(Men and women separate)
Black Belt Adult Sparring
(Men and women separate)
Jr. Black Belt 17 & Under Forms
(Boys and girls separate)



IMPORTANT TOURNAMENT INFORMATION

- Please confirm with your instructor which belt category to enter
- Ring assignment will be sent out the night prior to the event
 - Traditional Weapons - non tapered bo
 - Creative Weapons - No releases, no music
 - Open - Releases allowed, music optional
- Competitors must supply their own music player
- We have the right to split and combine divisions due to size
- If only 1 competitor in a division, they may chose to receive the 1st or move up a division
- Light contact to the head allowed. No face contact allowed
 - Safety Equipment (Head Gear, Mouth Piece, Gloves, Kicks, Groin Protection (For male competitors)) is MANDATORY in ALL SPARRING

Deadline for Pre-Registration: May 29th, 2026

Visit our website:

www.GENERATIONMA.com

Club Owners Registration
Contact us for details



Register here



Kyu Belt

AGE	Weapons	Forms	Sparring (Girls)	Sparring (Boys)	Open Weapons & Forms Combined (Music Opt.)
4 & Under All Belts	1	2	3	4	104
5 Years All Belts	5	6	7	8	104
6 Years White - Yellow Belt	9	10	11	12	104
6 Years Orange Belt & Up	13	14	15	16	104
7 - 8 Novice	17	18	19	20	105
7 - 8 Intermediate	21	22	23	24	105
7 - 8 Advanced	25	26	27	28	105
9 - 10 Novice	29	30	31	32	106
9 - 10 Intermediate	33	34	35	36	106
9 - 10 Advanced	37	38	39	40	106
11 - 12 Novice	41	42	43	44	107
11 - 12 Intermediate	45	46	47	48	107
11 - 12 Advanced	49	50	51	52	107
13 - 14 Novice	53	54	55	56	108
13 - 14 Intermediate	57	58	59	60	108
13 - 14 Advanced	61	62	63	64	108
15 - 17 Novice	65	66	67	68	109
15 - 17 Intermediate	69	70	71	72	109
15 - 17 Advanced	73	74	75	76	109
18 & Over Novice Men	77	78	X	79	110
18 & Over Intermediate Men	80	81	X	82	110
18 & Over Advanced Men	83	84	X	85	110
35 & Over Novice Men	86	87	X	88	110
35 & Over Advanced Men	89	90	X	91	110
18 & Over Novice Women	92	93	94	X	110
18 & Over Advanced Women	95	96	97	X	110
35 & Over Novice Women	98	99	100	X	110
35 & Over Advanced Women	101	102	103	X	110

Para Martial Arts

AGE	DIV #
17 & Under All Belts Weapons	185
17 & Under All Belt Forms	186
18 & Over All Belt Weapons	187
18 & Over All Belt Forms	188

Trad Challenge

AGE	DIV #
17 & Under Black Belt	189
18 & Over Black Belt	190
*Must perform a recognized, unaltered, unmodified kata from a set list	
*Competitors must wear a traditional white gi	

Black Belt

AGE	Trad Weapons	Creative Weapons	Open Forms & Weapons Combined	Trad Forms	Sparring	Under 150lbs Sparring	151-185lbs Sparring	185lbs & Up Sparring
10 & Under Girls	111	112	113	114	115	X	X	X
10 & Under Boys	116	117	118	119	120	X	X	X
11 - 12 Girls	121	122	123	124	125	X	X	X
11 - 12 Boys	126	127	128	129	130	X	X	X
13 - 14 Girls	131	132	133	134	135	X	X	X
13 - 14 Boys	136	137	138	139	140	X	X	X
15 - 17 Girls	141	142	143	144	145	X	X	X
15 - 17 Boys	146	147	148	149	150	X	X	X
18 & Over Men	153	154	155	156	X	157	158	159
18 & Over Women	160	161	162	163	164	X	X	X
35 & Over Men	165	166	167	168	169	X	X	X
35 & Over Women	170	171	172	173	174	X	X	X
42 & Over Men	175	176	177	178	179	X	X	X



Tournament Location
Conestoga College

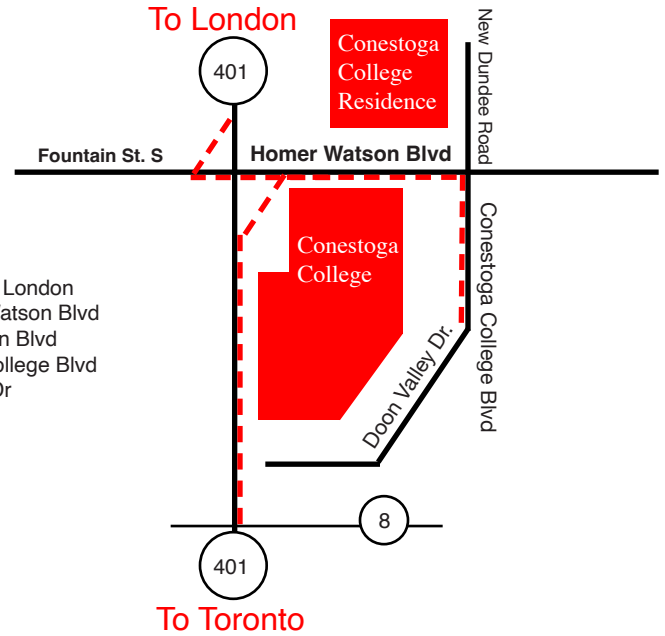
299 Doon Valley Drive, Kitchener, Ontario
 (519) 748-5220

From London:

- Take HWY 401 E towards Toronto
- Take exit 275 for Fountain St/Regional Rd 28/ Homer Watson Blvd
- Turn left at Fountain St S
- Continue on Homer Watson Blvd
- Turn right at Conestoga College Blvd
- Continue on Doon Valley Dr

From Toronto:

- Take HWY 401 W towards London
- Take exit 275 for Homer Watson Blvd
- Turn right at Homer Watson Blvd
- Turn right at Conestoga College Blvd
- Continue on Doon Valley Dr



Competitors Must Compete At The Age They Were On January 1, 2026
 Safety Equipment (Head Gear, Mouth Piece, Gloves, Kicks, Groin Protection, etc.) is MANDATORY in ALL sparring divisions

NO FACIAL CONTACT ALLOWED!

Name:		Age:	Belt Colour:	
Male <input type="checkbox"/>	Female <input type="checkbox"/>	Home Address:		
City:		Province:	Postal Code:	
Phone Number:		Club:		
Email Address:		Novice <input type="checkbox"/>	Intermediate <input type="checkbox"/>	Advanced <input type="checkbox"/>
				Black Belt <input type="checkbox"/>

PLEASE FILL IN DIVISION NUMBERS YOU ARE COMPETING IN:

Weapons:	Forms:	Sparring:	Creative (Black Belt):
Open:	Trad Challenge:		

Waiver: In consideration for the acceptance of this application, which is voluntarily submitted by me, I intend to be legally bound here by for myself, executors and administrators and do hereby waive and release any and all rights and claims for physical, mental and emotional damages or death which I might have against Shamuon Generation of Martial Arts, Hotshot Athletic, Team GMA Foundation, and all others connected with this tournament for any and all injuries suffered, damages, actions, or causes of actions whatsoever, to my person or property. Any pictures taken of me at this point may be used for promotional purposes without financial compensation payable to myself. I consent to receiving email notifications about this event and future events. If under 18 years old, this release and consent form must be signed by the competitor's parent or legal gaurdian. I understand that I may be denied entry without reason.

Signature:	Date:
Parent's Signature: (If Under 18)	Date:

Pre-Registration to be received **NO LATER THAN MAY 29th, 2026.**
No Refunds. Make certified cheques or money orders payable to:
 Team GMA Foundation, 550 Parkside Drive Unit D3, Waterloo, Ontario N2L 5V4
 Telephone: (519) 342 - 4440
 Email: shamuongenerationma@gmail.com